

February 2026



from the...

EAST REGION

of Grace Presbytery



Michele's Musings

When was the last time you had lunch with someone? We had so much fun at January's East Texas Pastor's Lunch. The meal was simple and good, chili and homemade potato soup, with Caesar salad. What was most important was the company. As church leaders, we all spoke the same language of "church". And we laughed as we shared stories and snippets. But we don't have a monopoly on shared experiences! Anyone can have lunch with anyone else. The best thing about sharing a cup of coffee or a meal is the time shared together. Whether it is over a breakroom table at the office, or in a local café, or in someone's kitchen, it is time to discover what you have in common with

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Guess Where



Where in our East Region can this stained glass window be found? First one to email me the correct answer gets FREE lunch! michele@gracepresbytery.org

January's window shows a familiar image of Jesus knocking at the door. It can be found at First Presbyterian Church in Cumby.

others. Favorite grandchild stories? Remember when that happened at church stories? Big fish stories? Everyone has a story to tell. And once we start talking to each other, we grow closer together. Keep the agenda simple: talk some and listen some. Just share time together. As Christians, we are all part of God's grand story. We each have a part to play that connects us to others and their part to play as people of Christ. Sharing a meal or a cup of coffee encourages a casual environment where our stories can be shared. So make time this month to go to lunch with someone. In peace, M

Do you have news or an event to share with the East region? Do you have a question for Presbytery? Call me at 918.232.6422 or email michele@gracepresbytery.org.

*Rev. Michele Goff,
Regional Ministry Associate, East Region*



Above: The folks at Centre Presbyterian Church in Longview enjoyed a hot soup lunch with their Annual Congregational Meeting on January 18.



Below: East Texas Pastors enjoyed a warm and welcoming lunch hosted by Jane Els, CP, at First Presbyterian Church in Winnsboro on January 22.



Inspiration

The soul speaks its truth only under quiet, inviting, and trustworthy conditions. ~ Parker J. Palmer from Let Your Life Speak

Important Links

[Grace Presbytery.org](http://GracePresbytery.org) ~ Visit the Presbytery's [Events Calendar](#)

[Subscribe to Grace eNews](#) for weekly updates and resources

Go to the [East Region Page](#) for a Directory of churches and our regional news archives

Happenings

Feb 16, Mon, 7p
Small Church Zoom

Feb 18, Wed, All Day
Ash Wednesday

Feb 21, Sat, 11-3p
Communion Training
Grace Presbytery Office

Feb 26, Thurs, 9-4p
Presbytery Mtg
Trinity, Flower Mound